

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Parish of the Durham Martyrs</b> <b>Lenten Calendar 2020</b>			<b>26 February</b> <i>Ash Wednesday</i> Spend some time examining your conscience.	<b>27 February</b> It's Fairtrade fortnight: make a difference and buy some Fairtrade products this week.	<b>28 February</b> Stations of the Cross	<b>29 February</b> Find a quiet place; be still and listen to God.
<b>1 March</b> <i>1<sup>st</sup> Sunday of Lent</i> Make someone smile and share God's joy with those around you.	<b>22 March</b> Ask someone how they are and listen to their response.	<b>3 March</b> Give others the benefit of the doubt today.	<b>4 March</b> Pray for peace in all nations.	<b>5 March</b> Fast from Twitter, Facebook and other forms of social media.	<b>6 March</b> <i>CAFOD Family Fast Day</i> Stations of the Cross  Eat simply so others can simply eat!	<b>7 March</b> Learn more about a global issue that is causing suffering. What can you do to help?
<b>8 March</b> <i>2<sup>nd</sup> Sunday of Lent</i> <i>International Women's Day</i> Try to motivate others to think, act and be gender inclusive.	<b>9 March</b> Make an effort to be nice to those you find it difficult to get on with.	<b>10 March</b> Try not to complain or grumble today; think of all you have to be thankful for.	<b>11 March</b> Fast from asking for things today; depend only on what is given.	<b>12 March</b> Pray for patience and openness with all you meet today.	<b>13 March</b> Stations of the Cross	<b>14 March</b> Watch a film or read a book on spiritual growth.
<b>15 March</b> <i>3<sup>rd</sup> Sunday of Lent</i> Try to go the whole day without judging or criticising people.	<b>16 March</b> Think about how you treat others. Do you listen? How do you deal with a difference of opinion?	<b>17 March</b> <i>Feast of Saint Patrick</i> At the end of the day pray for the homeless and those who are sleeping rough tonight.	<b>18 March</b> Get up 15 minutes earlier and spend the time in prayer.	<b>19 March</b> <i>Feast of Saint Joseph</i> Pray for the children making their First Confessions today.	<b>20 March</b> Stations of the Cross	<b>21 March</b> What bad habit could you give up this week? Who could help you?
<b>22 March</b> <i>4<sup>th</sup> Sunday of Lent</i> <i>Laetare Sunday</i> <i>Mothering Sunday</i> Spend time with those you love.	<b>23 March</b> Remember to give thanks before and after meals today.	<b>24 March</b> Spend some time decluttering; donate unwanted clothes and household items to charity.	<b>25 March</b> Choose to follow Jesus today.	<b>26 March</b> Warmly greet every person you meet.	<b>27 March</b> Stations of the Cross	<b>28 March</b> Think of one thing in your life you would like to change and pray about it.
<b>29 March</b> <i>5<sup>th</sup> Sunday of Lent</i> <i>Rededication of England as the Dowry of Mary</i> Pray the Angelus today.	<b>30 March</b> Try to be positive all day; use only positive words.	<b>31 March</b> Forgive someone who has hurt you.	<b>1 April</b> Say sorry to anyone you may have hurt.	<b>2 April</b> Speak to the lonely person at work or school; do something to make them feel welcome.	<b>3 April</b> Stations of the Cross	<b>4 April</b> Think of all the places in the world spoilt by lack of respect; act locally to protect God's creation
<b>5 April</b> <i>Palm (Passion) Sunday</i> Look at the palms in church today and welcome Jesus into your heart.	<b>6 April</b> Give your time to someone who needs help or encouragement.	<b>7 April</b> Celebrate God's creation by taking a walk outside	<b>8 April</b> Mini Triduum at St Joseph's	<b>9 April</b> <i>Maundy Thursday</i> Mass of the Lord's Supper at St Godric's	<b>10 April</b> <i>Good Friday</i> Faith and Light Stations of the Cross Celebration of the Lord's Passion at St Leonard's	<b>11 April</b> <i>Holy Saturday</i> Easter Vigil at St Leonard's