

Parish of the Durham Martyrs

INCORPORATING THE CHURCHES OF ST BEDE, ST JOSEPH AND OUR LADY OF MERCY AND ST GODRIC'S



Dear Brothers and Sisters,

Here we are again, another prayer pack and another greeting from lockdown. As you probably know there have been many changes over the past couple of weeks, including individual and national issues being raised. For now our Parish buildings remain closed but our Parish community continues to thrive.

Thanks for all your continued support through prayer, volunteering and donations, these are all much appreciated to keep our Parish going both practically and spiritually. You will find details, in the newest edition of our parish bulletin, of the newly established Hardship Fund being set up by the parish. This will be a restricted fund, used only to support our most hard pressed parishioners. Further details can be found in the parish bulletin and please keep this project in your prayers.

The parish is continuing its online presence with a live streamed Rosary at 10:30am as well as a Holy Hour 2 - 3pm and a short time of Lectio Divina 7pm every weekday.

Below is a list of what is included in your Prayer pack:

- Liturgies at Home - Specially designed Mass Sheets so you can experience some of the wonder of the Mass at home. There are sheets for the next two Sundays and an extra sheet for the celebration of the Most Sacred Heart of Jesus on Thursday 19th June. On these sheets you will find suggestions of things you may want to use in your liturgy for example a candle, a cross etc. You may wish to pray with the parish at the same time as Fr Colm is celebrating private Mass which will be at 10:30 on Sundays.

- A number of reflections by Fr Colm, transcribed from audio files available on our website.
- Up to date Parish bulletins.
- Finchale Partnership Newsletter
- A set of prayers from the Justice and Peace group to use during Refugee Week beginning on the 15th June
- A variety of Puzzle Sheets
I encourage you all to keep regular contact with your family, friends and fellow parishioners through phone conversations and messages. The new number for the parish office, during this time of isolation, is $07391\ 529827$.
God Bless,
Fr Colm Hayden

Sunday 14th June 2020 The Wost Holy Body and Blood of Christ



ITEMS YOU MAY WANT TO USE FOR YOUR LITURGY: CANDLE, BIBLE



Light a candle and begin with this prayer.

Lord, I gather here today with my parish community in Your sight. Even though we are unable to receive Communion at this time, we pray with hopeful hearts that we may once again join together and celebrate this wonderful Sacrament.

Amen.

Liturgy of the Word

First Reading - Deut 8:2-3

He fed you with manna which neither you nor your fathers had known

PSALM: PS 147:12-15

R.) O praise the Lord, Jerusalem!

O praise the Lord, Jerusalem!
Zion, praise your God!
He has strengthened the bars of your gates, he has blessed the children within you.

He established peace on your borders, he feeds you with finest wheat. He sends out his word to the earth and swiftly runs his command.

He makes his word known to Jacob, to Israel his laws and decrees. He has not dealt thus with other nations; He has not taught them his decrees.

Second Reading - 1 Cor 10:16-17

That there is only one loaf means that, though there are many of us, we form a single body.

Alleluia Alleluia Alleluia

Gospel - John 6:51-58 My flesh is real food and my blood is real drink.

Spend some time in silence, reflecting on the Word of God.

Prayers of Intercession - you may add your own prayer intentions here

Pray for our Holy Father Pope Francis and all our Clergy and religious.

Pray for our doctors, nurses and all who are working to help and heal.

Pray for those in government, public office and those looking after the welfare of others.

Pray for all those who are suffering in mind or body.

Pray for all who are lonely, isolated and in need.

Pray for those who have died and are no longer with us.

Pray to our Blessed Mother, Mary, to intercede for us. Hail Mary...

Even though we are unable to receive Jesus in the sacrament of the Eucharist we can make an act of Spiritual
Communion by saying the following prayer

Liturgy of the Eucharist

My Jesus,

I BELIEVE THAT YOU ARE PRESENT IN THE MOST HOLY SACRAMENT.

I LOVE YOU ABOVE ALL THINGS,

AND I DESIRE TO RECEIVE YOU INTO MY SOUL.

SINCE I CANNOT AT THIS MOMENT RECEIVE YOU SACRAMENTALLY,

COME AT LEAST SPIRITUALLY INTO MY HEART.

I EMBRACE YOU AS IF YOU WERE ALREADY THERE

AND UNITE MYSELF WHOLLY TO YOU.

NEVER PERMIT ME TO BE SEPARATED FROM YOU. AMEN.

On this special day of celebration we join in song together:

This is my body, broken for you, Bringing you wholeness, making you free, Take it and eat it, and when you do, Do it in love for me.

This is my blood poured out for you, Bringing forgiveness, making you free. Take it and drink it, and when you do, Do it in love for me.

Back to my Father soon shall I go. Do not forget me; then you will see I am still with you, and you will know You're very close to me.

Filled with my Spirit, how you will grow! You are my branches; I am the tree. If you are faithful, others will know You are alive in me.

Love one another – I have loved you, And I have shown you how to be free; Serve one another, and when you do, Do it in love for me.

Thursday 19th June 2020 The Most Sacred Heart of Jesus ITEMS





ITEMS YOU MAY WANT TO USE FOR YOUR LITURGY:
CANDLE, BIBLE



Light a candle and begin with this prayer.

Lord, I gather here today with my parish community in Your sight. Let us know your love, Lord, in these difficult times. Amen.

Liturgy of the Word

First Reading - Deut 7:6-11

The Lord set his heart on you and chose you

PSALM: PS 102:1-4

R.) The love of the Lord is everlasting upon those who hold him in fear.

My soul, give thanks to the Lord, all my being, bless his holy name. My soul give thanks to the Lord and never forget all his blessings.

As a father has compassion on his sons, the Lord has pity on those who fear him; for he knows of what we are made, he remembers that we are dust.

But the love of the Lord is everlasting upon those who hold him in fear; his justice reaches out to children's children when they keep his covenant in truth.

Second Reading - 1 John 4:7-1 Love comes from God.

Allelwia Allelwia Allelwia

Gospel - Matt 11:25-30 I am gentle and humble of heart.

Spend some time in silence, reflecting on the Word of God.

Prayers of Intercession - you may add your own prayer intentions here

Pray for our Holy Father Pope Francis and all our Clergy and religious.

Pray for our doctors, nurses and all who are working to help and heal.

Pray for those in government, public office and those looking after the welfare of others.

Pray for all those who are suffering in mind or body.

Pray for all who are lonely, isolated and in need.

Pray for those who have died and are no longer with us.

Pray to our Blessed Mother, Mary, to intercede for us. Hail Mary...

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SINCE I CANNOT AT THIS MOMENT RECEIVE YOU SACRAMENTALLY,

COME AT LEAST SPIRITUALLY INTO MY HEART.

I EMBRACE YOU AS IF YOU WERE ALREADY THERE

AND UNITE MYSELF WHOLLY TO YOU.

NEVER PERMIT ME TO BE SEPARATED FROM YOU. AMEN.

Excerpts from the poem "To the Sacred Heart of Jesus":

I need a heart burning with tenderness
Who will be my support forever,
Who loves everything within me, even my
weakness...

And who never leaves me day or night.
I could find no creature
Who could always love me and never die.
I must have a God who takes on my nature
And becomes my brother and is able to suffer!

You heard me, only Friend whom I love.
To ravish my heart, you became man.
You shed your blood, what a supreme mystery!
And you still love for me on the Altar.
If I cannot see the brilliance of your Face
Or hear your sweet voice,
O my God, I can live by your Grace,
I can rest on your Sacred Heart!

- St. Thérèse of Lisieux (1873-1897)

Sunday 21st June 2020 12th Sunday - Ordinary Time Day for Life 2020







Light a candle and begin with this prayer.

Lord, I gather here today with my parish community in Your sight. On this Day for life, we pray that all come to know the sanctity of every Human life. Amen.

Liturgy of the Word

First Reading - Jer 20:10-13

He has delivered the soul of the needy from the hands of evil men.

PSALM: Ps 68:8-10

R.) In your great love, answer me, O God.

It is for you that I suffer taunts, that shame covers my face, that I have become a stranger to my brothers, an alien to my own mother's sons. I burn with zeal for your house and taunts against you fall on me.

This is my prayer to you, my prayer for your favour. In your great love, answer me, O God, with your help that never fails: Lord, answer, for your love is kind; in your compassion, turn towards me.

The poor when they see it will be glad and God-seeking hearts will revive; for the Lord listens to the needy and does not spurn his servants in their chains. Let the heavens and the earth give him praise, the sea and all its living creatures.

Second Reading - Rom 5:12-15

The gift considerably outweighed the fall.

Alleluia Alleluia Alleluia

Gospel - Matt 10:26-33 Do not be afraid of those who will kill the body.

Spend some time in silence, reflecting on the Word of God.

Prayers of Intercession - you may add your own prayer intentions here

Pray for our Holy Father Pope Francis and all our Clergy and religious.
Pray for our doctors, nurses and all who are working to help and heal.
Pray for those in government, public office and those looking after the welfare of others.
Pray for all those who are suffering in mind or body.

Pray for all who are lonely, isolated and in need.

Pray for those who have died and are no longer with us.

Pray to our Blessed Mother, Mary, to intercede for us. Hail Mary...

Even though we are unable to receive Jesus in the sacrament of the Eucharist we can make an act of Spiritual Communion by saying the following prayer

Liturgy of the Eucharist

My Jesus.

I believe that You are present in the Most Holy Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,

come at least spiritually into my heart.

I embrace You as if You were already there

and unite myself wholly to You.

Never permit me to be separated from You. Amen.

Prayer for Respect of Life

Heavenly Father, the beauty and dignity of human life was the crowning of your creation. You further ennobled that life when your Son became one with us in his incarnation. Help us to realise the sacredness of human life and to respect it from the moment of conception until the last moment at death. Give us courage to speak with truth and love and with conviction in defence of life. Help us to extend the gentle hand of mercy and forgiveness to those who do not reverence your gift of life. To all, grant pardon for the times we have failed to be grateful for your precious gift of life or to respect it in others. We ask this in Jesus' Name. Amen.

Reflection from Fr. Colm on the Friday of the 6th week of Eastertide

Audio posted to the Parish Website on Friday 22nd May 2020

Hi everybody hope you're okay. Windy but beautiful day today. I go out and say Mass each morning here alone, well not alone, because there's another individual present and that individual of course has four legs. it's my dog Ellie. Parsons Terrier.

I got her under the most extraordinary circumstances nearly six years ago going down to St Godric's Church on a Saturday afternoon, we have Exposition from 2-3 each day and the dog was tied to the gate by chain and left her for an hour, left a note and indeed supported by two parishioners who were down at the church at the time it was felt that we might try and find a home for her. I certainly didn't want to provide here as a home. I'd been down that road with a dog and those of you who've lost an animal know the sadness that that can bring, and it is a responsibility. However, having lost her on at least two or three occasions, overnight one time, she was found by students who kindly looked after her for a while. I thought they might take her, but no. RSPCA weren't exactly the greatest help. And so, I was left with her and she's been with me ever since.

And she goes into the church for Mass every morning and will not come out of the church until after Exposition later on today which is after 3 o'clock when she knows perhaps, she'll be either fed or walked. The intelligence, the support, the comfort of animals is all too obvious now in this time of lockdown. Psychologists, psychiatrists, wise people in all forms of life are telling us how important animals are to us at this time and I can well understand someone like animal theologian like Karl Barth who said that "Animals belong only to God." I found this very, very powerful because they are us to basically look after and care for and this has been my responsibility over these past few years.

Sadly now, the arthritis is kicking in and she's finding it harder and harder to walk but the love and support indeed that she has elicited from beyond this presbytery to the parishioners in particular, those who've helped over the years to walk her, Patrick in particular who looks after her while I'm away, all attest to the great affection that she brings to whatever situation, care homes in particular that Patrick brings her into.

Yes indeed, St Godric was the appropriate saint, the appropriate church for a dog to be given to me because Godric was the great saint and lover of animals down in Finchale. Good morning.

Reflection from Fr. Colm on the Saturday of the 6th week of Eastertide

Audio posted to the Parish Website on Saturday 23rd May 2020

Good morning. Windy, windy, windy. I think my family of finches who are nesting under the window ledge are in the safest place today. Many of those nests in the surrounding trees I'm sure will be stretched to their capacity to survive in this type of stormy weather. Significant perhaps in the times we're living in of uncertainty, uncertainty in relation to travel, uncertainty in relation to rules, regulations etc in the future and that's a sign of our times at this moment.

Yesterday I participate in the St Leonard's school leavers service, it was a religious, beautifully done service we could only do it via TEAMS and it was lovely hearing the voices. Okay in an anonymity in many ways but I certainly knew the voices. It was lovely to hear them. They carried more I suppose presence because of that it was as if they were compensating for the absence of the visual.

I'm reminded of just a brief documentary I came in on last night on Stevie Wonder, one of the giants of popular music and one very astute critic observed with regard to Stevie Wonder's music, Stevie Wonder by the way, those of you who don't know, was African American, blind from birth, and an extraordinary creator and incredible human being in so many ways in his outreach particularly to those who are marginalised in society, less of that now of course, but just to say that the astute observation made was that Stevie compensated for his lack of vision by an extraordinary rhythm in his music.

And perhaps that's what life is, it's about compensating isn't it and trying to be more grateful and appreciative. I received a lovely poem yesterday from a parishioner, Joe thank you very much for it which I'm going to read. It's by Derek Mahon and it's called "Everything is going to be alright."

"How should I not be glad to contemplate the clouds clearing beyond the dormer window and the high tide reflected on the ceiling? There will be dying, there will be dying, but there is no need to go into that. The poems flow from the hand unbidden and the hidden source is the watchful heart. The sun rises in spite of everything and the far cities are beautiful and bright. I lie here in a riot of sunlight watching the daybreak and the clouds flying. Everything is going to be all right."

Good morning everybody.

Reflection from Fr. Colm on the 7th Sunday of Easter - Sunday 24th May

Good morning all. Seventh Sunday of Easter heading towards Pentecost. The Gospel today is the priestly prayer of Jesus. It's a lovely prayer, beautiful prayer and it's basically preparing the disciples for Pentecost. However, a huge challenge awaits. It's also about denial. Denial is not a river in Egypt as the poster says. It's a word however that we hear often today. We can say that friend is in a state of denial, that person, that foe, indeed a country can be in a state of denial but going beyond the denial can be rather difficult and challenging depending on what state we're in. However, if not confronted, confusion, havoc can prevail.

Let me give you an example. Recently speaking about liberation from Nazi tyranny, the German federal president marking the end of the 75th anniversary of the end of the second world war he addressed the German problem with coming to terms with culpability. "Liberation didn't take place on the 8th May 1945," he says, "but rather it is a long and painful process which involved facing up to the past investigating what people knew and what they had colluded in. Rather, painful questions within families and indeed between the generations. Fighting to stop silence and denial prevailing." He reminded us that this was a continuing journey that never ends when he said, "There can be no deliverance from our past for without past we lose our future." Quoting Rabbi Menachem he said "No heart is as whole as a broken heart."

Jesus is praying the great prayer today, the priestly prayer as I said, we're eavesdropping in on Him. He's moving the disciples from that constant state of denial that they often fell into. Denial according to the Greek word skótos actually means darkness. It means an unwillingness to learn and to see. And we all suffer from it I think. Skótos happens when we speak of the kingdom of God while forgetting that God is in the poor and the sick. Skótos happens when we have plenty to say about problems elsewhere but refuse to see the very ones that are at our doorstep.

Jesus saw skótos indeed in His disciples. When? Well, when Peter demanded that Jesus would not suffer. When James and John wanted those positions of control and power within the kingdom. When even at the end Thomas refused to believe. "I don't believe until I touch the wounds of Jesus." The pharisees, the Herodians, the Sadducees, they refused to believe, they were also in that state. Indeed, not even His own family believed. It's as if nobody saw.

That's why He will say in the Gospel today "Father, now at last they know. I have given them the teaching that you gave me, and they have truly accepted it." They went back to Jerusalem; they shared the Word and they prayed in the upper room. Let's do that this week, especially in this time of lockdown when we have perhaps more time than we want and let us ask too are we willing or prepared to know the full truth, to understand the real situations, to be truly informed. And are we ready to really encounter ourselves? These are the questions that the Spirit will gently unravel for us and is doing so. Good morning everyone.

Reflection from Fr. Colm on the Tuesday of the 7th week of Eastertide - Tuesday 26th May 2020

Good morning everybody. You may have heard the term McMindfulness. This began with an internet image of McDonalds which was devised by an artist and it had the image of a Buddha very clearly seated in the Buddhist pose but with very obvious McDonalds hamburger icon associated to it and it upset the sensibilities rightly so I think of many Asian Buddhists but it did define a word that has become hugely important in the mindfulness industry and that is McMindfulness.

However, as some critics have said "McMindfulness aims to reduce the stress of the private individual but does not admit to any interest in the social causes of stress" and there is so much more on this but it is absolutely fascinating because of the level of mindfulness and whole emphasis on the now which the likes of Eckhart Tolle have indeed profited greatly but also contributed to as well our own need for grounding ourselves in the here and now but again McMindfulness is often blind as one said to the present moral, political and cultural context of what problems we find in our world today.

Someone, again a comment," Most mindfulness authors pin their hopes on a mindful capitalism as sufficient to bring about the kinder, wiser society they envision." and very often the breathing and the mindful techniques that are used in business can often defer any sense of unrest that the staff might be feeling of a sense of injustice that their employers may be showing towards them.

Now all of this I'm just mentioning this because in the Gospel today Jesus is talking about eternal life and very often we Christians, Catholics, we tend to see

eternal life as something into the future but in fact it isn't it's here it's now but in the social context of where we are as Christians and the responsibility and what it means to be in relationship with Christ. St Paul brings this out beautifully in one of his most often and loved expressions and that is that he is a slave to Christ. Good morning.

Reflection from Fr. Colm on the Thursday of the 7th week of Eastertide - Thursday 28th May 2020

Hi everybody, hope you're okay. Nice morning outside. One of the finches has a nice morning shower or bath in the water bowl in the garden. On my stroll around this morning in the usual loop that I go in with the dog, having a very distanced conversation with a very lovely lady whom I often see who has also got a dog and so we have that common ground. Shouting across the street she opened up the conversation by saying "Isn't this awful?" And I said "Yes, it is." and she said, "I don't know when it will end." "Oh," I said, "it'll end soon I hope." We of course, we were talking about the lockdown and then she said "It'll be a while. It's going to take a long time." and I said, "How long?" "Oh, it'll be a year or two," but then she added "It'll never be the same again," and then saying by way of adding onto that "We were greedy. We were greedy." and that's as far as our conversation could go because the traffic was getting heavy but I suppose in those short statements I was greatly challenged in the context of the Gospel of today which is from St John and it's a very powerful Gospel as all of St John are.

Jesus said, "I ask you only on behalf of these but also on behalf of those who will believe in Me through their Word, that they may all be one." However, as we know the ego wants above all to separate, to go its own way, on its own terms. We see this so often played out in public life. We see it so often in the cult of personality and we see the sense of oneness that they all be one perhaps on a human level most painfully experienced by our own isolation, forced isolation at this time and the one thing that we miss most despite Zoom, despite Teams, despite the marvellous access to the webcam and Masses around the world is that coming together in flesh and blood, human beings, one to one as community that they may all be one and it can never be otherwise.

I came across via a recommendation from a very fine modern spiritual writer, Catholic priest and the man recommended was Alain Badiou whose a French philosopher and he said in relation to love, "If we want to open ourselves up to difference and its implications so the collective can become the whole world then the defence of love becomes one point individuals have to practise. The identity cult of repetition must be challenged by love. Of what is different, love of what is unique, love of what is unrepeatable, love of what is unstable indeed, and love of what is foreign."

That's how love thrives, not the other way around. Good morning.

Reflection from Fr. Colm on Pentecost Sunday - 31st May 2020

Today is Pentecost Sunday the birth of our Church. "Receive the Holy Spirit," said Christ. This word means "breath" nothing to do with being aggressive or being hard. St Peter tells us in his first letter that it is the inner self with the lasting beauty of a gentle and quiet spirit. That spirit is not only something we need for

self-understanding but for understanding each other and understanding God. It's that spirit that breaks through the outer barriers of all those terms that we use all too often today. Generalisations and sweeping dismissals, even of a whole community of people and this is at a time when we have never had easier access to understand each other via social media.

George Bernard Shaw famously said, "The single biggest problem in communication is the illusion that it has taken place." We see the truth of this played out before our eyes as leaders scramble to clarify confused past communications. The catchy political slogan becomes the norm and what of the incredible changes indeed that are taking place with Zoom and Teams? Face to face meetings will no longer be the norm. We hear stories of both positive and negative aspects to these massive changes. All is to do with communication and understanding and indeed they have been a real gift to families in isolation. Another method of communication. One other recurring happening made by so many in this lockdown has been the new awareness of others communicating in a decent, friendly, caring, and kindly manner. Even nature is gently communicating and reminding us that it has always been present, but we just didn't take the time to listen and to look. How often have you heard, as I have, people say "Listen, do you hear the birdsong?"

Yes, the Spirit is now speaking powerfully to us in that same gentle breeze. It is that we are forced now perhaps to listen more. These are ways indeed of God's communicating presence in these often confused and uncertain times that we now live in.

And so, let me sum up with the lovely words of the American Carmelite Sister Jessica Power "That was the day when Fire came down from heaven, inaugurating the first spring of love. Blood melted in the frozen veins, and even the least bird sang in the mind's inmost grove." Good morning.

Reflection from Fr. Colm on Trinity Sunday - Monday 8th June 2020

Good morning everybody this Trinity Sunday. You may be delighted I'm sure to hear the news this morning that places of worship will be opened again a week on Monday and of course we have been planning this eventuality within the parish and just by way of beginning this morning's reflection just to remind you that it will be a slow process. One church in the various vicariates, there are five vicariates, and one in each will be open initially as a pilot church and in our vicariate St Mary's in Sunderland will pilot that and of course much preparation has to be done there. Your safety, your protection is of the upmost and the type of building that is to be used perhaps into the future or beginning with the return to worship in our own partnership and indeed parish will depend very much on the accessibility and size of each building. So that's just by way of filling you in initially on the good news that we hear this morning. The gathering for worship of course is going to be a different matter altogether so I'd say that might be just a little bit down the line but there are announcements to be made this week on that so let's wait and see.

Today is Trinity Sunday as I've said but yesterday also was a very important day in the context of the turbulence that so much of the United States and indeed here has been experiencing over these past few days. Yesterday was the 52nd

anniversary of the assassination of Robert F. Kennedy he was assassinated on the 6th June 1968 by one Sirhan Sirhan a disillusioned Palestinian Christian, and one of the great losses I think to American politics, however his shadow is certainly cast high and broad around what's happening in not just America but I think Britain today.

Bobby Kennedy made an extraordinary speech, one of many, some extraordinary speeches and as you can probably tell I am a great fan of his and this speech was made in the Cleveland City Club on the 5th April 1968 and so that's just a few months before he himself was assassinated and it was to a mainly white audience which wasn't easy and not only a white audience but a fundraising white audience which was hugely important if one intended to go on. But just let me give you some one or two quotes from that.

First of all, he quoted Abraham Lincoln and said "Among free men, there can be no successful appeal from the ballot to the bullet; and those who take such appeal are sure to lose their cause and pay the costs."

However, he did go on with some very striking language

"Too often we honour swagger and bluster and the wielders of force; too often we excuse those who are willing to build their own lives on the shattered dreams of others. Some Americans who preach nonviolence abroad fail to practice it here at home. Some who accuse others of inciting riots have by their own conduct invited them. Some looks for scapegoats, others for conspiracies, but this much is clear; violence breeds violence, repression brings retaliation, and only a cleaning of our whole society can remove this sickness from our soul."

But and this is the important bit

"there is another kind of violence, slower but just as deadly, destructive as the shot or the bomb in the night. This is the violence of institutions, indifference and inaction and slow decay. This is the violence that afflicts the poor, that poisons relations between men because their skin has different colours. This is a slow destruction of a child by hunger, and schools without books and homes without heat in the winter. This is the breaking of a man's spirit by denying him the chance to stand as a father and as a man among others. And this too afflicts us all. I have not come here to propose a set of specific remedies nor is there a single set. For a broad and adequate outline, we know what must be done. When you teach someone to hate and fear his brother and sister, when you teach that he is a lesser man because of his colour or his beliefs or the policies he pursues, when you teach that those who differ from you threaten your freedom or your job or your family, then you also learn to confront others not as fellow citizens but as enemies - to be met not by cooperation but with conquest, to be subjugated and mastered."

I don't think I can say any more on this feast of the Trinity which is all about community and sharing there's no need to go into theological background of that. There's much to read on the wonderful theology that is the Trinity but essentially it is about our gathering to share, essentially it is about caring for each other, essentially it is about having respect for each other. Good morning.

Reflection from Fr. Colm on the feast of St Barnabas

Audio posted to the Parish Website on Thursday 11th June 2020

Hi everybody hope you're okay. My morning walk completed. Interesting walking around the houses locally here, some of them absolutely wonderfully kept, front gardens especially, a great pride ornamented, signs in the windows of course "Thank you NHS", the rainbows of course in many of the windows but it's the decor, the decor of the lawns that are so beautifully presented to the public, everything is well painted, everything is well looked after and then the heart sinks when you know you're passing a property owned by landlords who don't do the locality any good by their neglect and indeed I'm sure they don't do the morale of the students that they look after, supposedly look after, any good either.

However, that's part of the day and that's part of our observation, I think we're observing I think a little bit more, now aren't we? In the context of having to slow down, get things in perspective and it's within that context I find.

Just coming across the plight of classical music at this time. One heading says "UK classical music could be devastated say conductors" and those two conductors are of course knights of the realm Sir Simon Rattle and Sir Mark Elder and while yes of course very anxious about the plight of the arts and music in particular I found what they had to say so pertinent to where we are as Church at the moment in our hoping to get together again as a worshipping community.

Simon Rattle said that "What we may do individually over the internet in these months is all well and good but the living core of our work is live communion, a sharing of space, art and emotion which is both vital and healing."

And I thought "Good God!" that is indeed what our churches are about a gathering together of so many different races, so many different peoples, different backgrounds which we in our parish I think have prided ourselves in being that sense of multiple ethnicity coming to our churches and we do miss it. We miss it very much and on a day like today when we're hearing this wonderful act now for the Acts of the Apostles we're told just in case we thought that we were converting those Africans, we have real news for you this morning from the Acts of the Apostles because we're told "In the church at Antioch the following were prophets and teachers: Barnabas, Simeon called Niger, and Lucius of Cyrene, Manaen, who had been brought up with Herod the tetrarch, and Saul."

Now talk about diverse community, they are very clearly at the core of the beginnings of those early Christian communities which we know really evolved even right up to one of the greatest theologians in the history of the Church St Augustine who we do know and was probably of mixed race Roman and local African. Some thoughts for us in these very tense times to think about. Good morning all.

Prayers for Refugee Week (15th – 21st June)

This week is Refugee Week, a festival celebrating the contributions and resilience of refugees. This week also includes World Refugee Day on 20th June. Refugee Week gives us the opportunity to pray for refugees, migrants and asylum seekers around the world, for governments and those organisations supporting them and for ourselves, that we may find collective and individual responses to Pope Francis' reminder of our Christian responsibility to welcome and protect those seeking refuge and a better future. Please find below a prayer for each day of Refugee Week to include in your daily prayers.

Monday 15th June

O God, you keep us company in the heart of our suffering and helplessness.

All our hope is in you.

Give courage and confidence to those who seek safety in our country.

Stay with them, protect them, surround them with your love.

Inspire them always to carry something beautiful in their hearts

And keep them from being crushed and embittered by their sorrows.

We trust that through loving kindness, solidarity and practical help,

Given and received in your name, O God,

A bright bridge will be built across the dark chasm of injustice and conflict

Towards a new dawn.

Amen

Sister Teresa White (Faithful Companions of Jesus)

Tuesday 16th June

God of compassion,

Whose own son experienced life as a refugee

We remember those fleeing from danger,

Hungry and afraid, with nowhere to call home.

God, we ask for them warmth, security, food and peace.

God of hope,

We thank you for those who are working to bring relief and comfort to those displaced,

Showing glimpses of grace in the darkness of despair.

God give them strength.

God of justice,

Guide the nations and the leaders of the world towards peace,

Stir hearts to be generous and compassionate.

God, help us to play our part in bringing about the change that we want to see.

Through Jesus Christ our Lord.

Amen.

Anglican Diocese of Exeter

Wednesday 17th June

Lord God, no one is a stranger to you

and no one is ever removed from your loving care.

In your kindness, watch over refugees and victims of war, those separated from their loved ones, anyone who is lost, and those who have no home or have been forced to flee.

Bring them back safely to the place where they long to be and help us always to show your kindness to strangers and to all in need.

Grant this through Christ our Lord.

Amen.

Aid to the Church in Need

Thursday 18th June

Abba Father, our beloved Father, look down with mercy on us and all refugees.

Remember your son, our Lord Jesus Christ had to leave his homeland and flee to Egypt with his mother, Mary, and foster father, Joseph.

Help us to be aware of the fears, anxiety, pain, sorrow, difficulties and uncertainty all refugees suffer and to remember that we all belong to the same human family.

Holy Spirit, please give us compassion and courage to help them in any way we can.

Amen.

Mary, Mother of God, pray for us.

St Joseph, pray for us.

Diana Ng-Sutherland (CAFOD)

Friday 19th June

We pray for all those who are uprooted, Who are hunted, who are fleeing for their lives, And so often find only closed borders, closed doors and closed faces.

We pray for the women and men, The children and the elderly Who seek to find safety and solace And who yearn to begin new lives.

We pray for those who pass by, Who would rather not hear the pleading

Or see the fear or recognise the human being in need of help.

Out of the depths we cry to you, Awaken in us the potential Which may become your means Of answering the prayers of others.

O Lord, hear our prayer.

Amen.

Christian Aid

Saturday 20th June

Share the Journey Prayer

God our refuge,

You share the journey with migrants and refugees,

Lightening their footsteps with hope.

For you, Lord, are close to the broken-hearted.

Pour out your Spirit upon world leaders.

May they see the tragedies of our human family,

and be moved to respond with wisdom, compassion and courage.

Open our eyes and hearts to the God-given dignity of all your people.

Move us to welcome our neighbours, and so bear witness to your love.

Through Christ our Lord, Amen.

Rachel McCarthy (CAFOD)

Sunday 21st June

When did we see you a stranger and welcome you? Truly I tell you, just as you did it to one of the least of these Who are members of my family, you did it to me.

Matthew 25: 38 – 40

Lord, who changed the story from stranger to sibling, equip us to change the story

From frustration to freedom for those stuck in refugee camps.

From panic to peace for those separated from families.

From trafficking to safe passage for those on perilous journeys.

From despair to hope for hearts weary with grief.

From worry to hospitality for minds uncertain of change.

From crisis to opportunity for countries providing a home.

From foreigner to family as we were welcomed by you.

May we never miss meeting your gaze

In the eyes of our sibling, the stranger.

Amen.

Christian Aid (2016)

Suggestions for Reading

The theme chosen by Pope Francis for the 106th World Day for Migrants and Refugees 2020 (27th September) is 'Forced like Jesus Christ to Flee'. This theme focuses on the pastoral care of people forced into migration, but who don't cross an international border. Resources, documents and videos, including a short video message from Pope Francis and the text for his message for World Day for Migrants and Refugees are available here: https://migrants-refugees.va/resource-center/world-day-of-migrants-refugees-2020/ More resources will be added before September.

Pope Francis' message for the celebration of the 51st day of World Peace (1st January 2018), which focuses on the difficulties faced by refugees and migrants and our responsibility to respond compassionately as Christians can be found at

https://w2.vatican.va/content/francesco/en/messages/peace.index.html

The "Migrants and Refugee Section" of the Vatican's "Department for Integral Human Development" has produced 20 Action Points for both pastoral action and for campaigning. These are available in many languages on the following link https://migrants-refugees.va/20-action-points

The Refugee Week website, https://refugeeweek.org.uk/, has details of online events ad 8 simple acts in which we are invited to participate. These simple acts are everyday actions that enable us to stand with refugees and encourage us to make new connections in our communities.

The Finchale Partnership

An update on how we are all keeping in touch



A message from Fr. Andrew Downie, the Partnership Dean.



What strange times we find ourselves in. The coronavirus pandemic has turned the world upside down. We can't visit our families and friends. Most of us can't go to our workplaces. Travel, shopping and leisure are severely limited, and our church buildings are closed.

How do we live out our Christian faith in a time like this? What does it mean to be a Church when we can't celebrate the sacraments together? This edition of the Finchale Partnership Newsletter shows some of the ways that the people of our Partnership are responding. The Lord's commandment to love our neighbour is as important as

ever, and our parishioners have stepped up to the challenge. No one in our communities needs to feel isolated, or to lack the practical help that they need. We can't celebrate Mass together, but we can still pray. The Word of God is still alive and active among us. Many of our people have used technology imaginatively, to gather and pray online.

The task of reopening our churches will be a long and difficult one, because everyone's safety has to be our utmost priority. We will be moving forward together into a new situation for the Church. At Pentecost, the Holy Spirit empowered the disciples to go out and preach the Good News to the whole world. Let us ask the Spirit to guide us through this time of change and challenge.

Supporting each other

All our parishes have been working hard to contact and support people who are isolating, or ill, during the COVID-19 lockdown.

- Priests and volunteers have been phoning those they know may need help, and newsletters and websites have asked people to let us know if they need anything.
- Volunteers from Durham Martyrs have been delivering newsletters and prayer packs to those who are not able to access them digitally.
- We have advertised the support available to anyone going into hospital, and the availability of hospital chaplains.



Where have you been 'going to Mass'?

Although we aren't live streaming Mass from any of the churches in the Partnership, we have all been sharing information about the availability of Mass on line. Many people have been joining Mass from the Cathedral in Newcastle, particularly over the Easter Triduum. But people have also joined Mass from places all over the world, including:

Rome Ampleforth Lanchester
Hexham Edinburgh Clonard Monastery, Belfast

Franciscan Friary, Athlone Seattle Blackfriars Oxford

Pasadena Farm Street

Newsletter No. 7 June 2020

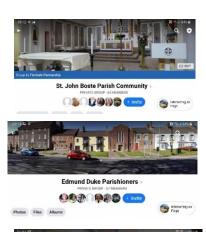
Prayer & Reflection

Many of our parishes are encouraging prayer and reflection during this time of lockdown:

- Bl. Edmund Duke parish have left candles and blessed palms outside some churches for people to collect on their daily walks.
- Durham Martyrs have used Facebook live for Lectio Divina, Rosary in the mornings and Exposition in the afternoons.
- St. Patrick's publish the words of the hymns for each Sunday in their bulletin and encourage everyone to sing along.
- St. Cuthbert's have a reflection and discussion on the readings of the day every Sunday morning on Zoom. They also share the bidding prayers and the organist shares a recorded version of the hymns we would have been singing.
- ❖ St. John Boste share the readings of the day on Facebook every day and Fr David suggested people pray together 'not in the same room, but each in our own homes, sitting in our favourite armchair, at 12 noon each day'.

Keeping in touch on Facebook

Since lockdown began, 4 Facebook Groups have been set up in the Partnership, and we now have more than 250 members. Here are just some of the discussions that have been going on in the groups:



- ❖ I've amazed myself over the past week with the amount of technology I've mastered.
- Friday, 8th May, marks the 75th anniversary of VE Day, the end of the Second World War in Europe. At St. Joseph's Ushaw Moor, we don't have a WW2 Memorial, and a group of us have been talking about possibly having a memorial made.....
- Can I just ask you all for prayers for our teachers, Catholic and other, who are still working in our schools....
- A good book I can recommend with all this time on our hands....
- I was Furloughed today!
- ♣ How is everyone doing? If you have any prayer intentions comment below and we can all pray for each other.
- ❖ Thank you to everyone who took part in today's Virtual Coffee Morning......
- ❖ What is everyone doing for their daily exercise?...... I'm mostly walking along the river banks past the racecourse. today I saw an otter and a kingfisher.
- Happy Easter to all my friends. In better times it could be done face to face. Ah well, here's hoping for next year.



Durham Martyrs Parish group

It's not too late to join the Facebook groups and get involved. Please keep in touch.



Name:	

Solve each Sudoku puzzle!

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Solve each Sudoku puzzle!

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Sermon on the Mount Word Search

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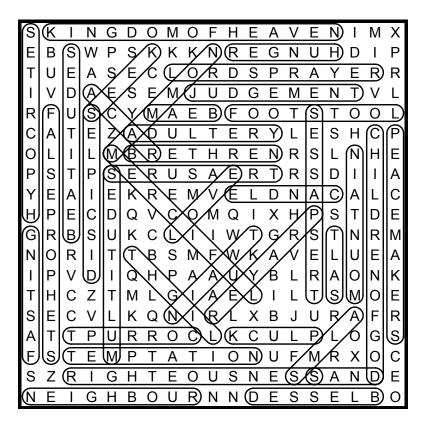
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Solution



BIBLE ARROW WORD II

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†			Plus		No vote		Wonder	+		
Archaic Garden		Prophetess	+		+		Sixth-day creation Duty	•		
•				Tiny worker Feasted	*		+	Reason to be cast out		Scout
Affirmative		Dawn to dusk Grow old	+	+		Charity Make good	→	+		+
.		+	Son of Peleg		Chopping tool	+			King of Judah	
Leg joint	Magnificent Also not	→	+				Wages	→	+	
4	+			Celebration	Yours and mine Tyrant	+				Relatives
Period in history		Atop Triumphant cry		+	+		Acorn tree	+		+
.		+	Solomon import				God's domain		Unruly crowd	
Grazing ground	David's instrument Cried out					Song of praise	→		+	
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BIBLE ARROW WORD II - SOLUTION

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Bible Arrow Word by BiblePuzzles.org.uk

BOOKS OF THE BIBLE CROSSWORD

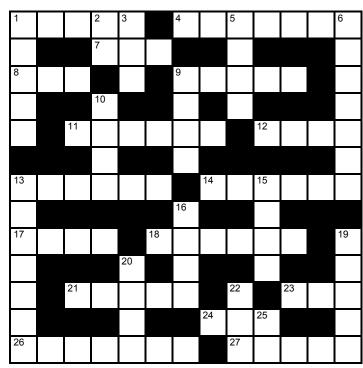
Across

- 1 A book of books (5)
- 4 Shortest book in the Old Testament (7)
- 7 The number of chapters in Philemon (3)
- 8 This testament contains 39 books (3)
- 9 Jesus' brother, who wrote a letter (5)
- 11 In authority before the kings (6)
- 12 His epistle contains one chapter (4)
- 13 Successor to Queen Vashti (6)
- 14 David wrote many of these, set to music (6)
- 17 Wrote about the restoration of the temple (4)
- 18 Originator, writer of a book (6)

- 21 Number of letters written by John (5)
- 23 Number of chapters in 13A (3)
- 24 Galilee, Dead, for example (3)
- 26 Paul wrote many of these (7)
- 27 He prophesied the birthplace of Jesus (5)

Down

- 1 There are 66 of these (5)
- 2 Behold (2)
- 3 Revelation comes in this part of the New Testament (3)
- 5 Donation of money to the poor (4)
- 6 This letter lists the faithful (7)
- 9 He prophesied of the 'day of the Lord' (4)

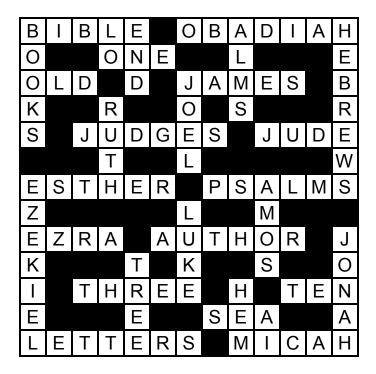


by Colin

- 10 A faithful Moabitess (4)
- 13 He foretold the regathering of Israel in prophecy of dry bones (7)
- 15 A prophet who was a herdsman (4)
- 16 One of the gospel writers (4)

- © BiblePuzzles.org.uk
- 19 A prophet, reluctant to go to Nineveh (5)
- 20 Adam and Eve ate from this in the garden (4)
- 22 The border of a garment (3)
- 25 Joshua writes about this city near Bethel (2)

BOOKS OF THE BIBLE CROSSWORD - SOLUTION



Across: 1 Bible, 4 Obadiah, 7 One, 8 Old, 9 James, 11 Judges, 12 Jude, 13 Esther, 14 Psalms, 17 Ezra, 18 Author, 21 Three, 23 Ten, 24 Sea, 26 Letters, 27 Micah.

Down: 1 Books, 2 Lo, 3 End, 5 Alms, 6 Hebrews, 9 Joel, 10 Ruth, 13 Ezekiel, 15 Amos, 16 Luke, 19 Jonah, 20 Tree, 22 Hem, 25 Ai.

Bible Crossword by BiblePuzzles.org.uk